

November 22nd 2024

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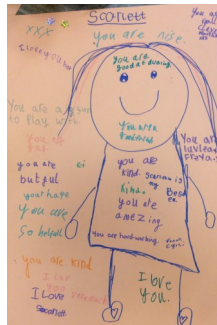
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Have a fantastic weekend.

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Throughout the week, the children delved into understanding their feelings. They discussed **zones of regulation** and developed their understanding to identify and express their emotions in a healthy way. They explored how people express emotions differently and practised breathing techniques to help manage big feelings. They discovered that no emotion is "bad"; it's all about finding positive ways to cope. The whole school talked about trusted adults in their lives. In a heart-warming collaboration, mixed year groups walked the *Daily Mile* together, fostering connections across year groups. By the end of the week, the school community had gained practical tools to build emotional resilience and strengthen relationships. At our school, we believe that looking after our health is just as important as academics. We hope Wellbeing Week inspired everyone to take small steps every day to care for themselves and others, creating a supportive and happy community where everyone thrives!



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Puffins: Mila **Owls:** Clemence

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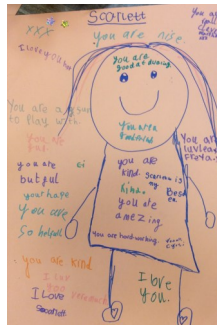
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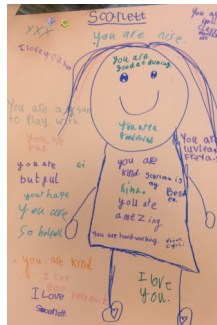
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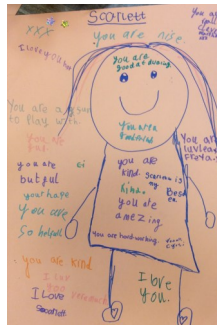
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This week, we celebrated Wellbeing Week, focusing on the importance of mental, emotional, and physical health. The five ways to well-being were taken as the theme with 'Connect, Learn, Take Notice, Be active and Give.'

Throughout the week, the children delved into understanding their feelings. They discussed **zones of regulation** and developed their understanding to identify and express their emotions in a healthy way. They explored how people express emotions differently and practised breathing techniques to help manage big feelings. They discovered that no emotion is "bad"; it's all about finding positive ways to cope. The whole school talked about trusted adults in their lives. In a heart-warming collaboration, mixed year groups walked the *Daily Mile* together, fostering connections across year groups. By the end of the week, the school community had gained practical tools to build emotional resilience and strengthen relationships. At our school, we believe that looking after our health is just as important as academics. We hope Wellbeing Week inspired everyone to take small steps every day to care for themselves and others, creating a supportive and happy community where everyone thrives!



Important Dates

Mon 9th Dec	After school PTA Christmas Tuck Shop
Tues 10th Dec	9.15am, 2.30pm Reception Christmas production
Thurs 12th Dec	9.15am Road safety with Ducklings class
Fri 13th Dec	9.15am, 2.30pm Christmas production KS1
Mon 16th Dec	9.00am Reception Christmas activity morning
Tues 17th Dec	KS1 visiting Pantomime.
Tues 17th Dec	KS2 Pantomime at South Mill Arts (pick up from theatre)
Tues 17th Dec	EYFS/KS1 Christmas lunch— home packed lunch for KS2 children
Tues 17th Dec	2.45pm Nursery Christmas carol concert
Wed 18th Dec	Christmas jumper day
Wed 18th Dec	Nursery Christmas activity day
Wed 18th Dec	KS2 Christmas lunch— home packed lunch for KS1 & EYFS
Wed 18th Dec	Volunteer coffee morning 9am
Wed 18th Dec	9.15am Road safety with Ducklings class
Wed 18th Dec	Donations for food bank
Thurs 19th Dec	9.00am Nursery Christmas carol concert
Thurs 19th Dec	KS2 St Michael's church carol service (pick up from church)
Thurs 19th Dec	9.15am Road safety with Ducklings class
Thurs 19th Dec	Donations for food bank
Fri 20th Dec	Break the rules day
Fri 20th Dec	2pm End of term
Mon 6th Jan	Inset day
Tues 7th Jan	Start of spring term
Fri 24th Jan	Young Voices Choir at the O2
17th-21st Feb	Half term
Thurs 13th Mar	Year 6 Instrumental Concert
Thurs 27th Mar	Year 5 Instrumental Concert
1st, 2nd & 4th April	Visit from Fab Science
7th- 21st April	Easter holidays
Thurs 1st May	Year 4 Instrumental Concert
Thurs 15th May	Year 3 Instrumental Concert
Wed 21st May	9.30am Year 6 visit the Crucial Crew
Thurs 22nd May	End of term
Fri 23rd May	Inset day
26th—30th May	Half term
Tues 22nd July	Break up for summer holidays
Wes 23rd July	Occasional day

=*Red = New Item / Change to Item

Safeguarding: Parking outside school

It's important to prioritise the safety of children in busy environments. Parking outside the school can be dangerous due to high traffic and limited visibility. To ensure everyone's safety, please consider parking at the Rugby Club at the top of the road and walking your child down to Tony, our dedicated crossing patrolman. Tony is there to help children cross the road safely. Not only is it good to have exercise before school, it can be also better for the environment. This simple change will help us maintain a safer environment for all, supporting our safeguarding efforts and ensuring the wellbeing of everyone in the school community.

Enriching the Curriculum

Maths Challenge

Today, a group of year six pupils took part in the Primary Maths Challenge. All of the children worked incredibly hard and thoroughly enjoyed the opportunity to compete in an academic competition. Congratulations to Arabelle, Sebastian and Aditi, who came in first, second and third place, respectively.



A visit from a Police Officer

As part of their 'People are great' topic, **Ducklings** class had a special visit from a police officer, Mr. Tisi, the father of Benjamin and Florence. Mr Tisi asked the children what they thought the police do, and many answered, "catch criminals!" He explained that while that's important, police also help in many other ways and can be trusted. He encouraged the children to say hello if they see them in the street, as it makes their day.

A police officer will always carry a badge showing who they are, this even has braille on it for the blind. The children showed him police badges that they had designed. They tried on his cap and imagined life as an officer. Thank you for visiting and inspiring the children!

Sport—football

Our Northgate Gold football team shone on Friday night with a decisive 5-0 win at home. Controlling the game from the start, Northgate's midfield orchestrated precise play, setting up relentless attacks while their defence stifled all opposition efforts and our goalkeeper kept a clean sheet. The team worked hard and this showed with their impressive display.

Reminders and updates

School Christmas Dinner

Christmas dinner is live on School Gird. Please login and book your child's meal before **Tuesday 10th December!**

Please ensure you select the correct days for your child:

Tues 17th Dec	EYFS/KS1 Christmas lunch
Wed 18th Dec	KS2 Christmas lunch

Charity Bake Sale

On Monday, a few year six children baked some delicious cakes and biscuits and made some colourful keyrings to sell to children in KS2. They made a whopping **£268.06** for a Cancer Research. Well done children. What a fantastic achievement!

Uniform

Trainers **must not be** worn on **non** PE days. Only smart black shoes are appropriate school footwear.

Increasing numbers of children are being asked to remove items of jewellery. **Jewellery is not permitted** at school as it is a hazard that can get caught on other people's clothing and Equipment, which can cause harm.

We have very good second hand uniform at school that parents can purchase with all money going back to the school via the PTA. However, on December 4th between 11am—3pm in Jackson Square there will be a stall taking in and giving away free school uniform for local schools in the area. Please see www.BFCSccommunity.co.uk for more details.

Celebration of Achievements

This week's stars of the week were:



Ducklings: Freddie and Meredith

Puffins: Mila **Owls:** Clemence

This week our 'Learner of the Week' focused on 'Sports Person'. Our Star Learners were praised by their class teachers for: great leadership skills, encouraging teamwork, listening carefully to instructions in order to develop reflective learning, showing amazing progress with football skills, inventing some great super hero poses during dance, excellent ball control, showing great perseverance and improving passing skills, voicing clear communication and for showing love and passion for anything sporty!

Well done to:

Robins: Billy

Starlings: Alyssa

Skylarks: Heidi

Nightingales: Bea

Kestrels: Peter

Harriers: Finley

Wrens: Louis

Sparrows: Otto

Swifts: Vaarin

Kingfishers: Freddie

Kites: Polly

Hawks: Thomas

Isabel Hospice—Thank you for donation

We have received an email from the Isabel Hospice thanking Northgate families for their generous donations last year which included Christmas jumper day and a bake sale.

The total raised was £470.08. The hospice explained that amount is enough money to cover 17 hours of quality palliative nursing, which is amazing, so thank you all.

Northgate School Association

Elfridges Shop—NEW EVENT

Our Christmas 'Elfridges' shop takes place in the week commencing 2nd December. The shop, like our Mother's Day and Father's Day shops, will give children an opportunity to independently buy a gift for their parents/carers.

The sales will take place in the dining hall at morning break on the following dates:

Mon 2nd December- Nursery, Reception, Years 1, 3 and 6

Tues 3rd December- Years 2, 4 and 5

Wed 4th December- All Years

Each gift will be priced at £4.00 Please bring cash into class on sale day.

We hope you and your children love this new addition to the PTA event calendar.

With thanks to our sponsor **Stewart Apau Architecture.**

Northgate PTA Lottery

Our 250 Club will be changing in January 2025. We have a new wonderful Northgate PTA lottery coming your way, so watch this space for our launch in December!

Thank you for your continued support.

Hope you all have a lovely weekend.

Geri Wren (PTA Chair) & The PTA Team