

Blue – Teacher led

Pink – Coach led

Yellow – Social Red –Physical Green - Thinking

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Walking 1	Dance - moving in sequence	High Low over under	Nursery rhymes	Feet 1	Games for understanding
1	Team building	Dodging	Health and wellbeing	Attacking and defending (using space)	Locomotion - jumping- sports day	Fundamentals - Running (sports day practice)
	Running - locomotion	Gymnastics	Ball skills - feet	Ball skills - hands 1	Racket bats and balls	Hands - throwing into target areas.
2	Team building	Health and wellbeing	Dance	Locomotion - Jumping	Fundamentals - Throwing and catching (sports day practice)	Fundamentals - Running (sports day practice)
	Locomotion - dodging	Gymnastics	Ball skills - Feet 1	Ball skills - Hands 1	Game for understanding (attacking and defending)	Racket Bat and ball
3	Invasion - Tag rugby	OAA - Problem solving	Athletics - running	Dance - School production	Sports day- (athletics) Throwing	Sports day practice - (athletics) running
	Games sense	Gymnastics - Symmetry	Invasion - Football	Net and wall - tennis	Striking and fielding - cricket	Bat and ball - Rounders

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4	Invasion - Tag rugby	Gymnastics Bridges	OAA - Problem solving	Athletics - throwing and jumping	Athletics - running + sports day	Striking and fielding - Rounder's
	Game sense invasion	Rapid fire cricket	Invasion - football	Net and wall - Tennis	Invasion - Handball	Invasion - cricket
	OAA - Problem solving	Dance - yr 4 - world was 11	Invasion games - Hockey	Athletics - Throwing and jumping	Athletics - running	Striking and Fielding - Rounder's
5	Invasion - Tag rugby	Invasion - Basketball	Invasion games - football	Invasion - Netball	Striking and fielding - cricket	Racket skills - Tennis
	OAA - Leadership	Gymnastics - matching and mirroring	Invasion games - Hockey	Health and fitness	Athletics - Throwing and jumping	Athletics - Running - sports day practice
	Invasion - Tag rugby	Attacking and defending - Basketball	Invasion - football	Invasion - netball	Striking and fielding - cricket.	Striking and fielding - Rounder's
6	Invasion - Tag rugby	Attacking and defending - Basketball	Invasion - football	Invasion - netball	Striking and fielding - cricket.	Striking and fielding - Rounder's